

REGULATION

Students

ALCOHOL, TOBACCO and OTHER SUBSTANCE ABUSE REGULATION

Primary Prevention

The intent of primary prevention programming is to prevent or delay the onset of alcohol, tobacco and other substance use by students. The components of this programming shall include:

1. Primary prevention through detection during early and regular health screening and inoculation programs performed by the school doctor and nurse.
2. A sequential K-12 prevention curriculum that provides for:
 - Accurate and age-appropriate information about alcohol, tobacco and other substances, including the physical, psychological and social consequences for their use/abuse.
 - Information about the relationship of alcohol, tobacco and other substance use/abuse to other health-compromising behaviors or illnesses such as HIV and AIDS, teenage pregnancy, eating disorders, child abuse, suicide, and dropping out of school.
 - Helping students develop appropriate life skills to resist the use of alcohol, tobacco and other substances and to promote healthy life styles.
 - Helping students identify personal risk factors for alcohol, tobacco and other substance use/abuse and the steps needed for risk reduction.
 - Helping students develop a positive self-concept.
 - Helping students identify when they are under stress and how to manage or reduce such stress through non-chemical means.
3. Training school staff, and parent/guardian to use the information and skills necessary to reinforce the components of this policy and regulation in the home, school and community.
4. Community education about the issues of alcohol, tobacco and other substance use/abuse as a basis for providing a consistent message to district youth.
5. Positive alternatives to alcohol, tobacco and other substance use/abuse, such as peer leadership programs, service projects, and recreational and extracurricular activities. Such activities will be planned collaboratively with students, school staff, parent/guardian, community members, and relevant agencies.

Intervention

The intent of intervention programming is to eliminate any existing use/abuse of alcohol, tobacco and other substances, and to identify and provide supportive services to kindergarten through 12th grade students at high risk for such use/abuse. The components of such programming shall include:

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1. Providing alcohol, tobacco and other substance use/abuse assessment and counseling services for students;
2. Developing a referral process between district schools and community providers;
3. Identifying and referring students to appropriate agencies when their use/abuse of alcohol, tobacco and/or other substance requires counseling and/or treatment;
4. Providing services to students in or returning from treatment to ensure that the school environment supports the process of recovery initiated in the treatment program;
5. Providing individual, group, and family counseling targeted at students at high risk for alcohol, tobacco and/or other substances use/abuse;
6. Educating parent/guardian on when and how to access the district's intervention services; and
7. Ensuring confidentiality as required by federal and state law.

Disciplinary Measures

Penalties

- I. First offense for a student possessing or being under the influence of alcohol, tobacco or other substances on school grounds, at a school-sponsored activity or in a school district vehicle
 - A. If the first offense occurs during the instructional day or at a school-sponsored activity, the student's parent/guardian will be contacted and directed to remove their son/daughter from school or the activity for the balance of the day or that activity.
 - B. The student will be subject to an in-school or out-of-school suspension for a period not exceeding three days. The Building Principal may request or be requested to apply for a Superintendent's Hearing if he/she feels that more than five days of suspension appear necessary due to his/her concern for the health and safety of that student or other students in the school. The Superintendent of Schools may recommend restricted instruction and/or placement in alternative instruction at any time.
 - C. The student will be immediately suspended from all school extracurricular activities for a period not exceeding seven calendar days.
 - D. Prior to a student returning to school, a parent/guardian - student conference will be held with the Principal or his/her designee.
- II. Second offense for a student possessing or being under the influence of alcohol, tobacco or other substance on school grounds, at a school-sponsored activity or in a school district vehicle
 - A. If the second offense occurs during the instructional day or at a school-sponsored activity, the student's parent/guardian will be contacted and directed to remove their son/daughter from school or the activity for the balance of the day or that activity.
 - B. The student will be subject to an in-school or out-of-school suspension for a period not exceeding five days. The Principal may request or be requested to apply for a Superintendent's Hearing if he/she feels that more than five days of suspension appear

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necessary due to his/her concern for the health and safety of that student or other students in the school. The Superintendent may recommend restricted instruction and/or placement in alternative instruction at any time.

- C. The student will be immediately suspended from all school extracurricular activities for a period not exceeding 30 calendar days. A student may be readmitted, at the discretion of the Principal, as a member of an extracurricular activity prior to the completion of his/her extracurricular activity suspension. However, the student will be suspended from such extracurricular activity for a minimum of two weeks prior to such reinstatement.
- D. Prior to a student returning to school, a parent/guardian - student conference will be held with the Principal or his/her designee.

III. Third and subsequent offense for a student possessing or being under the influence of alcohol, tobacco or other substance on school grounds, at a school-sponsored activity or in a school district vehicle

- A. If a third or subsequent offense occurs during the instructional day or at a school-sponsored activity, the student's parent/guardian will be contacted and directed to remove their son/daughter from the school or activity for the balance of the day.
- B. The student will be subject to an in-school or out-of-school suspension for a period not exceeding five days. The Principal may request or be requested to apply for a Superintendent's Hearing if he/she feels that more than five days of suspension appear necessary due to his/her concern for the health and safety of that student or other students in the school. The Superintendent may recommend restricted instruction and/or placement in alternative instruction at any time.
- C. The student will be immediately suspended from all school extracurricular activities for a period not exceeding 60 calendar days. A student may be readmitted, at the discretion of the Principal, as a member of an extracurricular activity prior to the completion of his/her extracurricular activity suspension. However, the student will be suspended from such extracurricular activity for a minimum of four weeks.
- D. Prior to a student returning to school, a parent/guardian - student conference will be held with the Principal.

IV. Sale/Distribution of Alcohol, Tobacco or Other Substances

Any student found to be selling or distributing alcohol, tobacco or other substances on school grounds, at a school-sponsored activity or in a school district vehicle will be suspended from all extracurricular activities for a minimum of 120 calendar days.

Note: In addition to the penalties noted in sections I, II, III and IV, above, district officials will be obligated to contact the police and advise them that a student had used, possessed, sold or

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distributed alcohol, tobacco or other substances on school grounds, at a school-sponsored activity or in a school district vehicle.

V. Use of Alcohol, Tobacco or Other Substances off School Grounds

If a student is a member of an extracurricular activity and abuses alcohol, tobacco or other substances at a function separate from school, he/she will be subject to suspension from that extracurricular activity for the period of time applicable for the frequency of the alcohol, tobacco or other substance use/abuse as set forth in parts I.C, II.C, or III.C of this regulation, as determined by the Principal.

VI. Student Self-Referral to School Faculty or Parent/Guardian

If a student self-refers to school faculty or parent/guardian for assistance in dealing with his/her chemical use, he/she will be referred to support services through the building team. Amnesty from discipline will continue as long as a student follows his/her recommended intervention program. If that student does not follow the intervention program, he/she will be subject to the provisions of this regulation regarding suspension from extracurricular activities.

The offenses set forth in this regulation will be documented cumulatively throughout the time a child attends the district.

Staff Development

The Board recognizes that if the administrative, instructional, and non-instructional staff are to be responsible for understanding, implementing and modeling the district's policy and regulation on student Alcohol, Tobacco and Other Substance Abuse, they must be trained about the components of an effective alcohol, tobacco and other substance prevention program. Staff training will be an ongoing process including the following:

1. For all staff: (a) an understanding of why individuals use and abuse alcohol, tobacco and other substances, (b) their role in implementing this policy, including how to identify students who exhibit high risk behaviors or who are using/abusing alcohol, tobacco and other substances, and how to refer these students to the appropriate services established by this policy, (c) awareness of personal risk factors for alcohol, tobacco and other substance use/abuse so that they may identify personal use/abuse problems and seek assistance, and (d) awareness of the special needs of students returning from treatment.
2. Additionally for teachers: the knowledge and skills necessary to implement the district's K-12 alcohol, tobacco and other substance prevention curricula.
3. For intervention staff: appropriate staff training for those identified to carry out the intervention function to ensure that their assessment, individual, group, and family counseling and referral skills support the needs of high risk, using and abusing youth.

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4. For prevention staff: appropriate staff training to ensure that they have the necessary knowledge and skills to support the application of prevention concepts through programming targeted at the school, home and community.
5. Newly hired staff will receive copies of the policy and training in the areas described in 1 within a reasonable time of hire.

Implementation, Dissemination, and Monitoring

The Board directs the Superintendent to collaborate with district staff, parent/guardian, students, community members, relevant organizations and agencies, including alcohol, tobacco and other substance abuse service providers, in developing the specific programs and strategies necessary to implement Board policy.

Upon adoption, copies of Board policy and this regulation will be distributed to and reviewed with district staff, students, and parent/guardian annually.

The Superintendent is responsible for providing the Board with an annual review of this policy and regulation, the programs and strategies implementing it, and his or her recommendations for revisions.

Adoption date: July 2003
Revised/Adopted: 3/25/09