

POLICY

2009

Support Services

NUTRITIONAL STANDARDS

Through its food service program, the Board of Education has a responsibility to encourage students to form healthy eating habits. Many students tend to eat non-nutritious or "junk" foods, which may contribute to tooth decay, obesity, diabetes, and heart disease. Therefore, standards governing the types of food that may be sold in the schools and the time and place each type of food may be sold will be enforced. Federal and state regulations which restrict the sale of specified categories of foods of minimal nutritional value on school premises will serve as a minimum standard. In addition, the following guidelines will be used to supplement the minimum standard:

1. The types of food sold in the schools will be determined as to their potential to contribute significantly to the daily nutritional needs of children and to enhance the district's nutritional philosophy and nutrition education curriculum.
2. The time of day and place for the sale of food to students will be consistent with the nutrient intake needs and eating patterns of students and compatible with class schedules for schools within the district. Separate standards may be established for the types of foods to be sold to staff members and for special or extracurricular events.

Ref: Education Law §915

Cross-Ref: 5400, Wellness Policy

Adoption date: July 2003

Revised/Adopted: 3/25/09