



# CATSKILL MIDDLE / HIGH SCHOOL LUNCH MENU



## March-2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>2</u> Chicken Nuggets Whole Grain Roll Green Beans Chilled Fruit Chilled Milk</p>	<p><u>3</u> Hot Dog or Hamburger Whole Grain Roll/ Bun Tomato, Lettuce, Pickles Oven Baked Beans Chilled Peaches  Chilled Milk</p>	<p><u>4</u> Buffalo Chicken or Fajita, Whole Grain Wrap Tomato, Lettuce Salsa, Sour Cream Chilled Peaches  Chilled Milk</p>	<p><u>5</u> Spicy Tacos or Whole Grain Wrap Tomato, Romaine &amp; Onion Cheese, Black Beans Chilled Fruit  Chilled Milk</p>	<p><u>6</u> Stuffed Crust or Personal Round Whole Grain Pizza Fresh Garden Salad Pineapple Wedges  Chilled Milk</p>
<p><u>9</u> Chicken Patty or Parm. Whole Grain Bun Seasoned Corn Tomato Juice Chilled Diced Pears Chilled Milk</p>	<p><u>10</u> Chicken and Cheese Quesadilla or Bean and Cheese Burrito Sliced Carrots Chilled Strawberries Chilled Milk</p>	<p><u>11</u> Whole Grain Macaroni w/ Meat Sauce Whole Grain Roll Leafy Green Salad Chilled Peaches Chilled Milk</p>	<p><u>12</u> Spicy Tacos or Whole Grain Wrap Tomato, Romaine &amp; Onion Cheese, Black Beans Chilled Apple Sauce Chilled Milk</p>	<p><u>13</u> Homemade Pizza Plain or Mushroom Whole Grain Crust Leafy Spinach Salad Chilled Fruit Chilled Milk</p>
<p><u>16</u> Spicy Popcorn Chicken or Buffalo Chicken Wrap W.G. Roll, Sweet Peas Tomato Juice Chilled Fruit Chilled Milk</p>	<p><u>17</u> Hearty Italian Meatballs on Whole Grain Roll Steamed Broccoli Chilled Pears Chilled Milk</p>	<p><u>18</u> Ham and Cheese Melt Whole Grain Roll Sliced Carrots Soup of the Day Chilled Fruit Chilled Milk</p>	<p><u>19</u> Buffalo Chicken or Fajita, Whole Grain Wrap Green Beans Salsa, Sour Cream Apple or Banana Chilled Milk</p>	<p><u>20</u> Stuffed Crust or Personal Round Whole Grain Pizza Fresh Garden Salad Pineapple Wedges Chilled Milk</p>
<p><u>23</u> BBQ or Oven Baked Chicken, Whole Grain Roll Steamed Broccoli  Fresh Fruit Chilled Milk</p>	<p><u>24</u> Hot Dog or Hamburger Whole Grain Roll/ Bun Tomato, Lettuce, Pickles  Oven Baked Beans Chilled Peaches Chilled Milk</p>	<p><u>25</u> Macaroni and Cheese or Pollock Fish Fillet Whole Grain Roll  Seasoned Corn Chilled Fruit Chilled Milk</p>	<p><u>26</u> Spicy Tacos or Whole Grain Wrap Tomato, Romaine &amp; Onion  Cheese, Black Beans Chilled Fruit Chilled Milk</p>	<p><u>27</u> Homemade Pizza Plain or Mushroom Whole Grain Crust Leafy Spinach Salad Chilled Cantaloupe Chilled Milk</p>
<p><u>30</u> Chicken Patty or Parm. Whole Grain Bun Green Beans Tomato Juice Chilled Fruit Chilled Milk</p>	<p><u>31</u> Oven Baked Ziti Whole Grain Mozz. Sticks Whole Grain Roll Leafy Green Salad Chilled Apple Sauce Chilled Milk</p>			<p>CCSD is an Equal Opportunity Provider/ Employer  FREE STUDENT MEALS</p>

**Interested in Part Time Cafeteria Work - Call 943 - 2300 ext. 2124**

TUNA SALAD On Whole Grain	BOLOGNA On Whole Grain	TURKEY On Whole Grain	HAM On Whole Grain	PB and J On Whole Grain
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