



# CATSKILL MIDDLE / HIGH LUNCH MENU



## September-2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>
<u>7</u> LABOR DAY	<u>8</u> Workshop Day	<u>9</u> Hearty Italian Meatballs on Whole Grain Roll Steamed Broccoli Chilled Peaches Chilled Milk	<u>10</u> Chicken Nuggets Whole Grain Roll Seasoned Corn Chilled Pears Chilled Milk	<u>11</u> Homemade Pizza Whole Grain Crust Green Beans Chilled Pineapple Chilled Milk
<u>14</u> Chicken Patty Whole Grain Bun Seasoned Corn Tomato Juice Chilled Fruit Chilled Milk	<u>15</u> Ham and Cheese Melt Whole Grain Roll Green Beans Chilled Peaches Chilled Milk	<u>16</u> Macaroni and Cheese Whole Grain Roll Green Beans Local Farm Fresh Apples Chilled Milk	<u>17</u> Spicy Tacos Whole Grain Nacho Chips Tomato, Romaine & Onion Cheese, Refried Beans Chilled Peaches Chilled Milk	<u>18</u> Homemade Pizza Whole Grain Crust Leafy Spinach Salad With Kidney Beans Chilled Fruit Chilled Milk
<u>21</u> Spicy Popcorn Chicken Whole Grain Roll Sweet Peas Tomato Juice Chilled Fruit Chilled Milk	<u>22</u> Hearty Italian Meatballs on Whole Grain Roll Steamed Broccoli Chilled Fruit de Jour Chilled Milk	<u>23</u> Oven Baked Ziti Whole Grain Mozzarella Stix Whole Grain Roll Leafy Green Salad Chilled Apple Sauce Chilled Milk	<u>24</u> Spicy Tacos Whole Grain Nacho Chips Tomato, Romaine & Onion Cheese, Black Beans Chilled Fruit Chilled Milk	<u>25</u> Personal Round Whole Grain Pizza Leafy Green Salad Chilled Fresh Fruit Chilled Milk
<u>28</u> Chicken Patty or Parm. Whole Grain Bun Seasoned Corn Chilled Fruit Chilled Milk	<u>29</u> Hot Dog Whole Grain Roll Tomato, Lettuce, Pickles Sweet Potato Wedges Local Farm Fresh Apples Chilled Milk	<u>30</u> Cheeseburger Whole Grain Bun Tomato, Lettuce, Pickles Sweet Potato Wedges Chilled Fruit Chilled Milk		Free Lunch for all Students  CCSD is an Equal Opportunity Provider / Employer

**MAIN LUNCH ITEMS ARE SOLD A LA CART AT: \$1.50 EACH**

PB&J Offered Daily

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