


CATSKILL CENTRAL SCHOOL DISTRICT BREAKFAST MENU

Oct-21

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>CCSD is an Equal Opportunity Provider / Employer</p> <p>FREE STUDENT BREAKFAST</p>				<p><u>1</u> Scrambled Eggs Whole Grain Eng. Muffin Chilled Fruit 100% Juice Choice of Milk</p>
<p><u>4</u> Whole Grain Pancakes w/ Syrup Chilled Apple Sauce 100% Juice Choice of Milk</p>	<p><u>5</u> Oven Baked Whole Grain Muffins Fresh Fruit 100% Juice Choice of Milk</p>	<p><u>6</u> Whole Grain French Toast Sticks Fresh Fruit 100% Juice Choice of Milk</p>	<p><u>7</u> Breakfast Pizza Assorted Fruit 100% Juice Choice of Milk</p>	<p><u>8</u> Egg and Cheese Whole Grain Eng. Muffin Fresh Fruit 100% Juice Choice of Milk</p>
<p><u>11</u> Columbus Day</p>	<p><u>12</u> Whole Grain Pancakes w/ Syrup Chilled Apple Sauce 100% Juice Choice of Milk</p>	<p><u>13</u> Oven Baked Whole Grain Muffins Fresh Fruit 100% Juice Choice of Milk</p>	<p><u>14</u> Whole Grain Poptart Chilled Fruit 100% Juice Choice of Milk</p>	<p><u>15</u> Whole Grain Bagel Mandarin Oranges 100% Juice Choice of Milk</p>
<p><u>18</u> Whole Grain French Toast Sticks Fresh Fruit 100% Juice Choice of Milk</p>	<p><u>19</u> Whole Grain Bagel Mandarin Oranges 100% Juice Choice of Milk</p>	<p><u>20</u> Scrambled Eggs Whole Grain Eng. Muffin Chilled Fruit 100% Juice Choice of Milk</p>	<p><u>21</u> Breakfast Pizza Assorted Fruit 100% Juice Choice of Milk</p>	<p><u>22</u> Whole Grain Pancakes w/ Syrup Chilled Apple Sauce 100% Juice Choice of Milk</p>
<p><u>25</u> Whole Grain Poptart Chilled Fruit 100% Juice Choice of Milk</p>	<p><u>26</u> Egg and Cheese Whole Grain Eng. Muffin Fresh Fruit 100% Juice Choice of Milk</p>	<p><u>27</u> Breakfast Pizza Assorted Fruit 100% Juice Choice of Milk</p>	<p><u>28</u> Whole Grain French Toast Sticks Fresh Fruit 100% Juice Choice of Milk</p>	<p><u>29</u> Whole Grain Bagel Mandarin Oranges 100% Juice Choice of Milk</p>

FREE STUDENT BREAKFAST



MILK CHOICES: ~~~ SKIM ~~~ 1% WHITE ~~~ FAT FREE CHOCOLATE

MAIN BREAKFAST ITEMS ARE SOLD A LA CART AT: \$ 1.25 EACH

