



CATSKILL ELEMENTARY LUNCH MENU



January-2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>3</u> Chicken Filet w/ Cheese or Plain. W.G. Bun Seasoned Corn Chilled Fruit Chilled Milk	<u>4</u> Hearty Italian Meatballs on Whole Grain Roll Steamed Broccoli Chilled Fruit Chilled Milk	<u>5</u> Macaroni and Cheese Whole Grain Roll Steamed Broccoli Chilled Mixed Fruit Chilled Milk	<u>6</u> Spicy Tacos or Whole Grain Wrap Tomato, Romaine & Onion Cheese, Refried Beans Chilled Fruit Chilled Milk	<u>7</u> Homemade Pizza Plain Whole Grain Crust Leafy Spinach Salad Chilled Fruit Chilled Milk
<u>10</u> Popcorn Chicken Whole Grain Roll Sweet Peas Tomato Juice Chilled Diced Pears Chilled Milk	<u>11</u> Hamburger or Cheeseburger W.G. Bun, Fries Lettuce, Pickles, Onions Chilled Fruit Chilled Milk	<u>12</u> Grilled Cheese Whole Grain Bread Sliced Carrots Homemade Soup Chilled Mixed Fruit Chilled Milk	<u>13</u> Spicy Tacos or Whole Grain Wrap Tomato, Romaine & Onion Cheese, Refried Beans Chilled Fruit Chilled Milk	<u>14</u> Personal Pizza Whole Grain Crust Leafy Spinach Salad Chilled Fruit Chilled Milk
<u>17</u> Martin Luther King Day	<u>18</u> Chicken Nuggets Whole Grain Roll Seasoned Corn Chilled Diced Pears Chilled Milk	<u>19</u> Whole Grain Macaroni w/ Meat Sauce Whole Grain Roll Sliced Carrots Chilled Fresh Fruit Chilled Milk	<u>20</u> Spicy Tacos or Whole Grain Wrap Tomato, Romaine & Onion Cheese, Refried Beans Chilled Fruit Chilled Milk	<u>21</u> Homemade Pizza Plain Whole Grain Crust Leafy Spinach Salad Chilled Fruit Chilled Milk
<u>24</u> Chicken Patty or Parm. Whole Grain Bun Green Beans Tomato Juice Chilled Pineapple Chilled Milk	<u>25</u> Macaroni and Cheese Whole Grain Roll Steamed Broccoli Chilled Mixed Fruit Chilled Milk	<u>26</u> Hot Dog Whole Grain Roll Baked Beans Chilled Fruit Chilled Milk	<u>27</u> Oven Baked Turkey Dinner Corn Bread Mashed Potatoes Cranberry Sauce Chilled Fruit Chilled Milk	<u>28</u> Stuffed Crust Whole Grain Pizza Leafy Spinach Salad Chilled Fruit Chilled Milk
<u>31</u> Chicken Nuggets Whole Grain Roll Sweet Peas Chilled Diced Pears Chilled Milk			CCSD is an Equal Opportunity Provider/ Employer FREE STUDENT LUNCH	
				
TUNA SALAD On Whole Grain	BOLOGNA On Whole Grain	TURKEY On Whole Grain	HAM On Whole Grain	PBJ On Whole Grain