





# CATSKILL CENTRAL SCHOOL DISTRICT BREAKFAST MENU

## Sep-22

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		CCSD is an Equal Opportunity Provider / Employer	1	
5 LABOR DAY	6 	7 	8 Whole Grain French Toast Sticks Fresh Fruit 100% Juice Choice of Milk	9 Whole Grain Bagel Chilled Fruit 100% Juice Choice of Milk
12 Whole Grain Waffles w/ Syrup Chilled Apple Sauce 100% Juice Choice of Milk	13 Whole Grain Poptart Chilled Fruit 100% Juice Choice of Milk	14 Oven Baked Whole Grain Muffins Fresh Fruit 100% Juice Choice of Milk	15 Breakfast Pizza Assorted Fruit 100% Juice Choice of Milk	16 Egg and Cheese Whole Grain Eng. Muffin Fresh Fruit 100% Juice Choice of Milk
19 Whole Grain French Toast Sticks Fresh Fruit 100% Juice Choice of Milk	20 Whole Grain Bagel Mandarin Oranges 100% Juice Choice of Milk	21 Scrambled Eggs Whole Grain Eng. Muffin Chilled Fruit 100% Juice Choice of Milk	22 Breakfast Pizza Assorted Fruit 100% Juice Choice of Milk	23 Whole Grain Waffles w/ Syrup Chilled Apple Sauce 100% Juice Choice of Milk
26 Whole Grain Poptart Chilled Fruit 100% Juice Choice of Milk	27 Egg and Cheese Whole Grain Eng. Muffin Fresh Fruit 100% Juice Choice of Milk	28 Breakfast Pizza Assorted Fruit 100% Juice Choice of Milk	29 Whole Grain French Toast Sticks Fresh Fruit 100% Juice Choice of Milk	30 Whole Grain Pancakes w/ Syrup Chilled Apple Sauce 100% Juice Choice of Milk

## FREE STUDENT BREAKFAST



MILK CHOICES: ~~~ SKIM ~~~ 1% WHITE ~~~ FAT FREE CHOCOLATE

MAIN BREAKFAST ITEMS ARE SOLD A LA CART AT: \$ 1.25 EACH

