



CATSKILL HIGH / MIDDLE LUNCH MENU



November-2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>CCSD is an Equal Opportunity Provider/ Employer</p> <p>FREE STUDENT LUNCH</p>	<p><u>1</u> Hearty Italian Meatballs on Whole Grain Roll Green Beans Fresh Fruit Chilled Milk</p>	<p><u>2</u> Hot Dog Whole Grain Roll Sliced Carrots Chilled Mixed Fruit Chilled Milk</p>	<p><u>3</u> Spicy Tacos or Whole Grain Wrap Tomato, Romaine & Onion Cheese, Refried Beans Chilled Fruit Chilled Milk</p>	<p><u>4</u> Homemade Pizza Plain Whole Grain Crust Leafy Spinach Salad Chilled Fruit Chilled Milk</p>
<p><u>7</u> Chicken Nuggets Whole Grain Roll Sweet Peas Chilled Diced Pears Chilled Milk</p>	<p><u>8</u> Whole Grain Macaroni w/ Meat Sauce Whole Grain Roll Green Beans Chilled Fresh Fruit Chilled Milk</p>	<p><u>9</u> Grilled Cheese Whole Grain Bread Seasoned Corn Chilled Mixed Fruit Chilled Milk</p>	<p><u>10</u> Stuffed Crust Whole Grain Pizza Leafy Spinach Salad Chilled Fruit Chilled Milk</p>	<p><u>11</u> VETERANS DAY</p>
<p><u>14</u> Chicken Patty or Parm. Whole Grain Bun Sweet Peas Tomato Juice Chilled Diced Pears Chilled Milk</p>	<p><u>15</u> Hot Dog Whole Grain Roll Baked Beans Chilled Fruit Chilled Milk</p>	<p><u>16</u> Oven Baked Chicken Whole Grain Roll Mashed Potatoes Mixed Fruit Chilled Milk</p>	<p><u>17</u> Half Day Dismissal No Lunch</p>	<p><u>18</u> Half Day Dismissal No Lunch</p>
<p><u>21</u> Popcorn Chicken Whole Grain Roll Seasoned Corn Chilled Fruit Chilled Milk</p>	<p><u>22</u> Homemade Pizza Plain or Buffalo Chicken Whole Grain Crust Leafy Spinach Salad Chilled Fruit Chilled Milk</p>	<p><u>23</u> THANKSGIVING RECESS</p>	<p><u>24</u> THANKSGIVING DAY</p>	<p><u>25</u> THANKSGIVING RECESS</p>
<p><u>28</u> Chicken Nuggets Whole Grain Roll Sweet Peas Chilled Diced Pears Chilled Milk</p>	<p><u>29</u> Macaroni and Cheese Whole Grain Roll Steamed Broccoli Chilled Mixed Fruit Chilled Milk</p>	<p><u>30</u> Hot Dog Whole Grain Roll French Fries Sliced Carrots Chilled Mixed Fruit Chilled Milk</p>		
<p>TUNA SALAD On Whole Grain</p>	<p>BOLOGNA On Whole Grain</p>	<p>TURKEY On Whole Grain</p>	<p>HAM On Whole Grain</p>	<p>PBJ On Whole Grain</p>