



CATSKILL MIDDLE / HIGH SCHOOL LUNCH MENU



December-2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>CCSD is an Equal Opportunity Provider/ Employer</p> <p>FREE STUDENT LUNCH</p>			<p><u>1</u> Oven Baked Chicken Whole Grain Roll Seasoned Corn Soup of the Day Chilled Fruit Chilled Milk</p>	<p><u>2</u> Homemade Pizza Plain Whole Grain Crust Leafy Spinach Salad Chilled Fruit Chilled Milk</p>
<p><u>5</u> Chicken Patty or Parm. Whole Grain Bun Sweet Peas Tomato Juice Chilled Diced Pears Chilled Milk</p>	<p><u>6</u> Whole Grain Macaroni w/ Meat Sauce Whole Grain Roll Green Beans Chilled Fresh Fruit Chilled Milk</p>	<p><u>7</u> Ham and Cheese Melt Whole Grain Roll Sliced Carrots Chilled Mixed Fruit Chilled Milk</p>	<p><u>8</u> Spicy Tacos or Whole Grain Wrap Tomato, Romaine & Onion Cheese, Refried Beans Chilled Fruit Chilled Milk</p>	<p><u>9</u> Personal Pizza Whole Grain Crust Leafy Spinach Salad Chilled Fruit Chilled Milk</p>
<p><u>12</u> Chicken Nuggets Whole Grain Roll Sweet Peas Chilled Diced Pears Chilled Milk</p>	<p><u>13</u> Hot Dog Whole Grain Roll Mixed Vegetables Chilled Fruit Chilled Milk</p>	<p><u>14</u> Whole Grain Macaroni w/ Meat Sauce Whole Grain Roll Sliced Carrots Chilled Fresh Fruit Chilled Milk</p>	<p><u>15</u> Spicy Tacos or Whole Grain Wrap Tomato, Romaine & Onion Cheese, Refried Beans Chilled Fruit Chilled Milk</p>	<p><u>16</u> Homemade Pizza Plain Whole Grain Crust Leafy Spinach Salad Chilled Fruit Chilled Milk</p>
<p><u>19</u> Chicken Patty or Parm. Whole Grain Bun Green Beans Tomato Juice Chilled Pineapple Chilled Milk</p>	<p><u>20</u> Macaroni and Cheese Whole Grain Roll Steamed Broccoli Chilled Mixed Fruit Chilled Milk</p>	<p><u>21</u> Hearty Italian Meatballs on Whole Grain Roll Seasoned Corn Chilled Fruit Chilled Milk</p>	<p><u>22</u> Stuffed Crust Whole Grain Pizza Leafy Spinach Salad Chilled Fruit Chilled Milk</p>	<p><u>23</u> HALF DAY NO LUNCH</p>
<p><u>26</u> HOLIDAY RECESS</p>	<p><u>27</u> HOLIDAY RECESS</p>	<p><u>28</u> HOLIDAY RECESS</p>	<p><u>29</u> HOLIDAY RECESS</p>	<p><u>30</u> HOLIDAY RECESS</p>
<p>TUNA SALAD On Whole Grain</p>	<p>BOLOGNA On Whole Grain</p>	<p>TURKEY On Whole Grain</p>	<p>HAM On Whole Grain</p>	<p>PBJ On Whole Grain</p>