


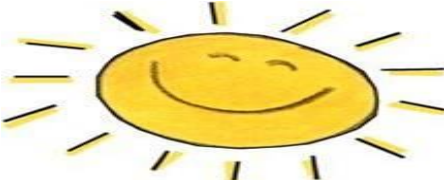






CATSKILL MIDDLE / HIGH SCHOOL LUNCH MENU



February-2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<u>1</u> Macaroni With Meat Sauce Whole Grain Roll Green Beans Chilled Mixed Fruit Chilled Milk	<u>2</u> Spicy Tacos or Whole Grain Wrap Tomato, Romaine & Onion Cheese, Refried Beans Chilled Fruit Chilled Milk	<u>3</u> Homemade Pizza Plain Whole Grain Crust Leafy Spinach Salad Chilled Fruit Chilled Milk
<u>6</u> Oven Baked Chicken Whole Grain Roll Green Beans Chilled Peaches Chilled Milk	<u>7</u> Hamburger or Cheeseburger W.G. Bun, Fries Lettuce, Pickles, Onions Chilled Fruit Chilled Milk	<u>8</u> Hearty Italian Meatballs on Whole Grain Roll Steamed Broccoli Chilled Fruit Chilled Milk	<u>9</u> Spicy Tacos or Whole Grain Wrap Tomato, Romaine & Onion Cheese, Refried Beans Chilled Fruit Chilled Milk	<u>10</u> Stuffed Crust Pizza Whole Grain Crust Leafy Spinach Salad Chilled Fruit Chilled Milk
<u>13</u> Popcorn Chicken Whole Grain Roll Sweet Peas Chilled Diced Peas Chilled Milk	<u>14</u> Hot Dog Whole Grain Roll Seasoned Corn Chilled Peaches Chilled Milk	<u>15</u> Grilled Cheese Whole Grain Bread Sliced Carrots Homemade Soup Chilled Mixed Fruit Chilled Milk	<u>16</u> Spicy Tacos or Whole Grain Wrap Tomato, Romaine & Onion Cheese, Refried Beans Chilled Fruit Chilled Milk	<u>17</u> Homemade Pizza Plain or Buffalo Chicken Whole Grain Crust Leafy Spinach Salad Chilled Fruit Chilled Milk
<u>20</u> PRESIDENTS DAY	<u>21</u> WINTER RECESS	<u>22</u> WINTER RECESS	<u>23</u> WINTER RECESS	<u>24</u> WINTER RECESS
<u>27</u> Chicken Patty or Parm. Whole Grain Bun Green Beans Chilled Pineapple Chilled Milk	<u>28</u> Macaroni and Cheese Whole Grain Roll Steamed Broccoli Chilled Mixed Fruit Chilled Milk		CCSD is an Equal Opportunity Provider/ Employer FREE STUDENT LUNCH	
				
SALAD PLATE Whole Grain Roll	SALAMI On Whole Grain	TURKEY On Whole Grain	HAM On Whole Grain	PBJ On Whole Grain