



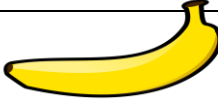


CATSKILL MIDDLE / HIGH SCHOOL LUNCH MENU



March-2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>CCSD is an Equal Opportunity Provider/ Employer</p> <p>FREE STUDENT LUNCH</p>	<p><u>FOOD SERVICE SUB-POSITIONS AVAILABLE</u></p> <p>(518) 943-4550</p> <p>Extension 1472</p>	<p><u>1</u></p> <p>Ziti with Meat Sauce Whole Grain Roll Green Beans Chilled Mixed Fruit Chilled Milk</p>	<p><u>2</u></p> <p>Spicy Tacos or Whole Grain Wrap Tomato, Romaine & Onion Cheese, Refried Beans Chilled Fruit Chilled Milk</p>	<p><u>3</u></p> <p>Homemade Pizza Plain Whole Grain Crust Leafy Spinach Salad Chilled Fruit Chilled Milk</p>
<p><u>6</u></p> <p>Chicken Patty or Parm. Whole Grain Bun Green Beans Chilled Pineapple Chilled Milk</p>	<p><u>7</u></p> <p>Hamburger or Cheeseburger W.G. Bun, Fries Lettuce, Pickles, Onions Chilled Fruit Chilled Milk</p>	<p><u>8</u></p> <p>BBQ Chicken Strips Whole Grain Roll Steamed Broccoli Seasoned Rice Chilled Fruit Chilled Milk</p>	<p><u>9</u></p> <p>HALF DAY</p>	<p><u>10</u></p> <p>HALF DAY</p>
<p><u>13</u></p> <p>Popcorn Chicken Whole Grain Roll Sweet Peas Chilled Diced Peas Chilled Milk</p>	<p><u>14</u></p> <p>Grilled Cheese Whole Grain Bread Sliced Carrots Homemade Soup Chilled Mixed Fruit Chilled Milk</p>	<p><u>15</u></p> <p>Chicken and Cheese Quesadilla Salsa, Sour Cream Seasoned Corn Fresh Fruit Chilled Milk</p>	<p><u>16</u></p> <p>Spicy Tacos or Whole Grain Wrap Tomato, Romaine & Onion Cheese, Refried Beans Chilled Fruit Chilled Milk</p>	<p><u>17</u></p> <p>Homemade Pizza Plain or Buffalo Chicken Whole Grain Crust Leafy Spinach Salad Chilled Fruit Chilled Milk</p>
<p><u>20</u></p> <p>Oven Baked Chicken Whole Grain Roll Green Beans Chilled Peaches Chilled Milk</p>	<p><u>21</u></p> <p>Hot Dog Whole Grain Roll Baked Beans Chilled Peaches Chilled Milk</p>	<p><u>22</u></p> <p>Macaroni and Cheese Whole Grain Roll Seasoned Corn Chilled Mixed Fruit Chilled Milk</p>	<p><u>23</u></p> <p>Spicy Tacos or Whole Grain Wrap Tomato, Romaine & Onion Cheese, Refried Beans Chilled Fruit Chilled Milk</p>	<p><u>24</u></p> <p>Stuffed Crust Whole Grain Pizza Leafy Spinach Salad Chilled Fruit Chilled Milk</p>
<p><u>27</u></p> <p>Chicken Patty or Parm. Whole Grain Bun Green Beans Chilled Pineapple Chilled Milk</p>	<p><u>28</u></p> <p>Ham and Cheese Melt Whole Grain Bread Sliced Carrots Homemade Soup Chilled Mixed Fruit Chilled Milk</p>	<p><u>29</u></p> <p>Hearty Italian Meatballs on Whole Grain Roll Steamed Broccoli Chilled Fruit Chilled Milk</p>	<p><u>30</u></p> <p>Spicy Tacos or Whole Grain Wrap Tomato, Romaine & Onion Cheese, Refried Beans Chilled Fruit Chilled Milk</p>	<p><u>31</u></p> <p>Assorted Pizza Whole Grain Crust Leafy Spinach Salad Chilled Fruit Chilled Milk</p>
				
<p>SALAD PLATE Whole Grain Roll</p>	<p>SALAMI On Whole Grain</p>	<p>TURKEY On Whole Grain</p>	<p>HAM On Whole Grain</p>	<p>PBJ On Whole Grain</p>