



# CATSKILL MIDDLE / HIGH SCHOOL LUNCH MENU



## May-2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>1</u> Popcorn Chicken Whole Grain Roll Sweet Peas Chilled Diced Peas Chilled Milk</p>	<p><u>2</u> Ziti with Meat Sauce Whole Grain Roll Green Beans Chilled Mixed Fruit Chilled Milk</p>	<p><u>3</u> Grilled Cheese Whole Grain Bread Sliced Carrots Homemade Soup Chilled Mixed Fruit Chilled Milk</p>	<p><u>4</u> Spicy Tacos or Whole Grain Wrap Tomato, Romaine &amp; Onion Cheese, Refried Beans Chilled Fruit Chilled Milk</p>	<p><u>5</u> Homemade Pizza Plain Whole Grain Crust Leafy Spinach Salad Chilled Fruit Chilled Milk</p>
<p><u>8</u> Chicken Patty or Parm. Whole Grain Roll Green Beans Chilled Peaches Chilled Milk</p>	<p><u>9</u> Hearty Italian Meatballs on Whole Grain Roll Steamed Broccoli Chilled Fruit Chilled Milk</p>	<p><u>10</u> Oven Baked Chicken Spanish Rice Whole Grain Roll Seasoned Corn Chilled Diced Peas Chilled Milk</p>	<p><u>11</u> Spicy Tacos or Whole Grain Wrap Tomato, Romaine &amp; Onion Cheese, Refried Beans Chilled Fruit Chilled Milk</p>	<p><u>12</u> Stuffed Crust Pizza Whole Grain Crust Leafy Spinach Salad Chilled Fruit Chilled Milk</p>
<p><u>15</u> Chicken Nuggets Whole Grain Roll Sweet Peas Chilled Diced Peas Chilled Milk</p>	<p><u>16</u> Macaroni and Cheese Whole Grain Roll Steamed Broccoli Chilled Mixed Fruit Chilled Milk</p>	<p><u>17</u> Hot Dog Whole Grain Roll Baked Beans Chilled Peaches Chilled Milk</p>	<p><u>18</u> Spicy Tacos or Whole Grain Wrap Tomato, Romaine &amp; Onion Cheese, Refried Beans Chilled Fruit Chilled Milk</p>	<p><u>19</u> Homemade Pizza Plain or Buffalo Chicken Whole Grain Crust Leafy Spinach Salad Chilled Fruit Chilled Milk</p>
<p><u>22</u> Oven Baked Chicken Whole Grain Roll Green Beans Chilled Peaches Chilled Milk</p>	<p><u>23</u> Hearty Italian Meatballs on Whole Grain Roll Steamed Broccoli Chilled Fruit Chilled Milk</p>	<p><u>24</u> BBQ Chicken Strips Spanish Rice Whole Grain Roll Seasoned Corn Chilled Fruit Chilled Milk</p>	<p><u>25</u> Stuffed Crust Pizza Whole Grain Crust Leafy Spinach Salad Chilled Fruit Chilled Milk</p>	<p><u>26</u>  HALF DAY NO LUNCH</p>
<p><u>29</u>  MEMORIAL DAY</p>	<p><u>30</u> Grilled Cheese Whole Grain Bread Sliced Carrots Homemade Soup Chilled Mixed Fruit Chilled Milk</p>	<p><u>31</u> Macaroni and Cheese Whole Grain Roll Steamed Broccoli Chilled Mixed Fruit Chilled Milk</p>	<p>CCSD is an Equal Opportunity Provider/ Employer  FREE STUDENT LUNCH</p>	<p><b>FOOD SERVICE POSITIONS AVAILABLE</b>  (518) 943-4550 Extension 1472</p>

### FOOD SERVICE POSITIONS AVAILABLE

<p><b>SALAD PLATE</b> Whole Grain Roll</p>	<p><b>SALAMI</b> On Whole Grain</p>	<p><b>TURKEY</b> On Whole Grain</p>	<p><b>HAM</b> On Whole Grain</p>	<p><b>PBJ</b> On Whole Grain</p>
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