










CATSKILL HIGH / MIDDLE LUNCH MENU



November-2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CCSD is an Equal Opportunity Provider/ Employer FREE STUDENT LUNCH		<u>1</u> Hot Dog Whole Grain Roll Sliced Carrots Chilled Mixed Fruit Chilled Milk	<u>2</u> Spicy Tacos or Whole Grain Wrap Tomato, Romaine & Onion Cheese, Refried Beans Chilled Fruit Chilled Milk	<u>3</u> Homemade Pizza Plain Whole Grain Crust Leafy Spinach Salad Chilled Fruit Chilled Milk
<u>6</u> Oven Baked Chicken Whole Grain Roll Mashed Potatoes Mixed Fruit Chilled Milk	<u>7</u> Whole Grain Macaroni w/ Meat Sauce Whole Grain Roll Green Beans Chilled Fresh Fruit Chilled Milk	<u>8</u> Grilled Cheese Whole Grain Bread Seasoned Corn Chilled Mixed Fruit Chilled Milk	<u>9</u> Stuffed Crust Whole Grain Pizza Leafy Spinach Salad Chilled Fruit Chilled Milk	<u>10</u> VETERANS DAY
<u>13</u> Chicken Patty or Parm. Whole Grain Bun Sweet Peas Tomato Juice Chilled Diced Peas Chilled Milk	<u>14</u> Hot Dog Whole Grain Roll Baked Beans Chilled Fruit Chilled Milk	<u>15</u> Oven Baked Turkey Dinner Whole Grain Roll Gravy, Mashed Potatoes Cranberry Sauce Chilled Fruit Chilled Milk	<u>16</u> Half Day Dismissal No Lunch	<u>17</u> Half Day Dismissal No Lunch
<u>20</u> Popcorn Chicken Whole Grain Roll Seasoned Corn Chilled Fruit Chilled Milk	<u>21</u> Homemade Pizza Plain or Buffalo Chicken Whole Grain Crust Leafy Spinach Salad Chilled Fruit Chilled Milk	<u>22</u> THANKSGIVING RECESS	<u>23</u> THANKSGIVING DAY	<u>24</u> THANKSGIVING RECESS
<u>27</u> Hearty Italian Meatballs on Whole Grain Roll Green Beans Fresh Fruit Chilled Milk	<u>28</u> Hot Dog Whole Grain Roll French Fries Sliced Carrots Chilled Mixed Fruit Chilled Milk	<u>29</u> Macaroni and Cheese Whole Grain Roll Steamed Broccoli Chilled Mixed Fruit Chilled Milk	<u>30</u> Spicy Tacos or Whole Grain Wrap Tomato, Romaine & Onion Cheese, Refried Beans Chilled Fruit Chilled Milk	
				
TUNA SALAD On Whole Grain	BOLOGNA On Whole Grain	TURKEY On Whole Grain	HAM On Whole Grain	PBJ On Whole Grain