

Alternate Lunch Options:

- Peanut Butter & Jelly w/ Cheese Stick
- Turkey and Cheese Sandwich
- Ham and Cheese Sandwich
- Salad Bar

MENU

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OCTOBER
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9-12 LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	Taco Salad w/Chips (meat, cheese & lettuce) Salsa Cup & Sour Cream Guacamole, Olives, Jalapenos Rice Crispy Treat	1 Crispy Chicken Tenders with assorted dipping sauces Corn Muffin Fresh Veggie w/Ranch	2 Macaroni & Cheese Bar w/Buffalo Chicken Breadstick & Broccoli	3 Pepperoni or Cheese Pizza Steamed Mixed Veggie Garden Side Salad
7 Bistro Cheeseburger (plain, cheese or bacon) Seasoned Curly Fries Rainbow Pepper Sticks	8 Popcorn Chicken & Mashed Potato Bowl Yellow Corn Dinner Roll	9 Beef Baracoa Tacos Sweet Potato Fries Tangy Cucumber Salad Choc Chip Cookie	10 Gen Tso Chicken Fried Rice & Veg Egg Roll Steamed Green Beans	11 Pepperoni or Cheese Pizza Steamed Mixed Veggie Garden Side Salad
14 Columbus/Indigenous Peoples Day No School	15 Cheesy Breadsticks with Marinara Sauce Baby Carrots Cocoa Brownie Bar	16 Grilled Chicken Caesar Wrap French Fries Fresh Apple Fresh Veggie	17 ½ Day Early Dismissal No Lunch Service	18 ½ Day Early Dismissal No Lunch Service
21 Pulled Pork on a Kaiser Kettle Potato Chips Creamy Coleslaw Fresh Veggie Cup w/Dip	22 Chicken & Waffles Sweet Potato Fries 100% Juice Cup Syrup Cup	23 Sampler Platter (chick wings & mozz sticks) Pita Chips & Hummus Dip Fresh Veggies	24 Rotini w/Meat Sauce Garlic Texas Toast Peas & Carrots Warm Cinnamon Pears	25 Pepperoni or Cheese Pizza Steamed Mixed Veggie Garden Side Salad
28 Crispy Chicken Sandwich Seasoned Waffle Fries Rainbow Pepper Sticks	29 Buffalo Chicken Dip w/tortilla chips Carrot & Celery Sticks Grape Juice Slushie	30 Tortellini Alfredo with Chicken Garlic Knot Roasted Broccoli	31 Mummy Dogs (corndog) Fresh Veggie w/Dip Dirt & Worms Pudding Cup	1



Harvest of the Month

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change. Notice is posted when available.

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All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

This institution is an equal opportunity employer.
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