

**Alternate Lunch Options:**  
 Peanut Butter & Jelly w/ Cheese Stick  
 Turkey and Cheese Sandwich  
 Ham and Cheese Sandwich

# MENU

October 14-18 is  
 School Lunch Week  
 Be a lunch pirate with us!



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 OCTOBER  
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## PK-5 LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	<b>Chicken Noodle Soup &amp; Grilled Cheese</b> Rainbow Pepper Sticks	1 <b>Popcorn Chicken Bites</b> <b>Mozzarella Sticks</b> Marinara Sauce Fresh Veggie with Dip	2 <b>Macaroni &amp; Cheese</b> Corn Muffin Steamed Broccoli Warm Cinnamon Apples	3 <b>Cheese Pizza</b> Steamed Mixed Veggie Blue Raspberry Applesauce Cup
7 <b>Rotini with Meat Sauce (beef)</b> Garlic Breadstick Steamed Green Beans	8 <b>French Toast Sticks</b> Turkey Sausage Links Sweet Potato Tots Orange Juice & Syrup	9 <b>Chicken Nuggets</b> Mashed Potatoes Fresh Veggie with Ranch	10 <b>Pepperoni Baked Ziti</b> Steamed Broccoli Warm Garlic Knot	11 <b>Cheese Pizza</b> Steamed Mixed Veggie French Toast Graham Crackers
14 <b>No School</b> Columbus/Indigenous Peoples Day	15 <b>Loaded Tacos</b> Salsa & Sour Cream Refried Bean Dip Golden Treasure Corn	16 <b>Cannonball Meatball Marinara Sub</b> Fresh Apples French Fries	17 <b>Pirates Potato &amp; Cheddar Pierogies</b> Kielbasa Bites Steamed Broccoli Parrot Pears	18 <b>Cheese Pizza</b> Steamed Mixed Veggie Mango Peach Applesauce Cup
21 <b>Chicken &amp; Waffles</b> Sweet Potato Fries 100% Juice Cup Syrup Cup	22 <b>Cheesy Breadsticks with Marinara Sauce</b> Baby Carrots Cocoa Brownie Bar	23 <b>Chicken Nuggets</b> Warm Garlic Knot Smiley French Fries Fresh Veggie with Ranch	24 <b>Tortellini Alfredo with Chicken</b> Garlic Texas Toast Fresh Grape Tomatoes	25 <b>Cheese Pizza</b> Steamed Mixed Veggie Emoji Graham Crackers
28 <b>Cheeseburger</b> French Fries Rainbow Pepper Sticks Choc Chip Cookie	29 <b>Crispy Chicken Sandwich</b> Crinkle Fries Rainbow Pepper Sticks	30 <b>Macaroni &amp; Cheese</b> Corn Muffin Seasoned Green Beans Warm Cinnamon Apples	31 <b>Mummy Dogs (corndog)</b> Fresh Veggie w/Dip Dirt & Worms Pudding Cup	<b>Happy Halloween</b>

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.  
 Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.



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